

# Automatic Text-Based Estimation of Depression Symptoms

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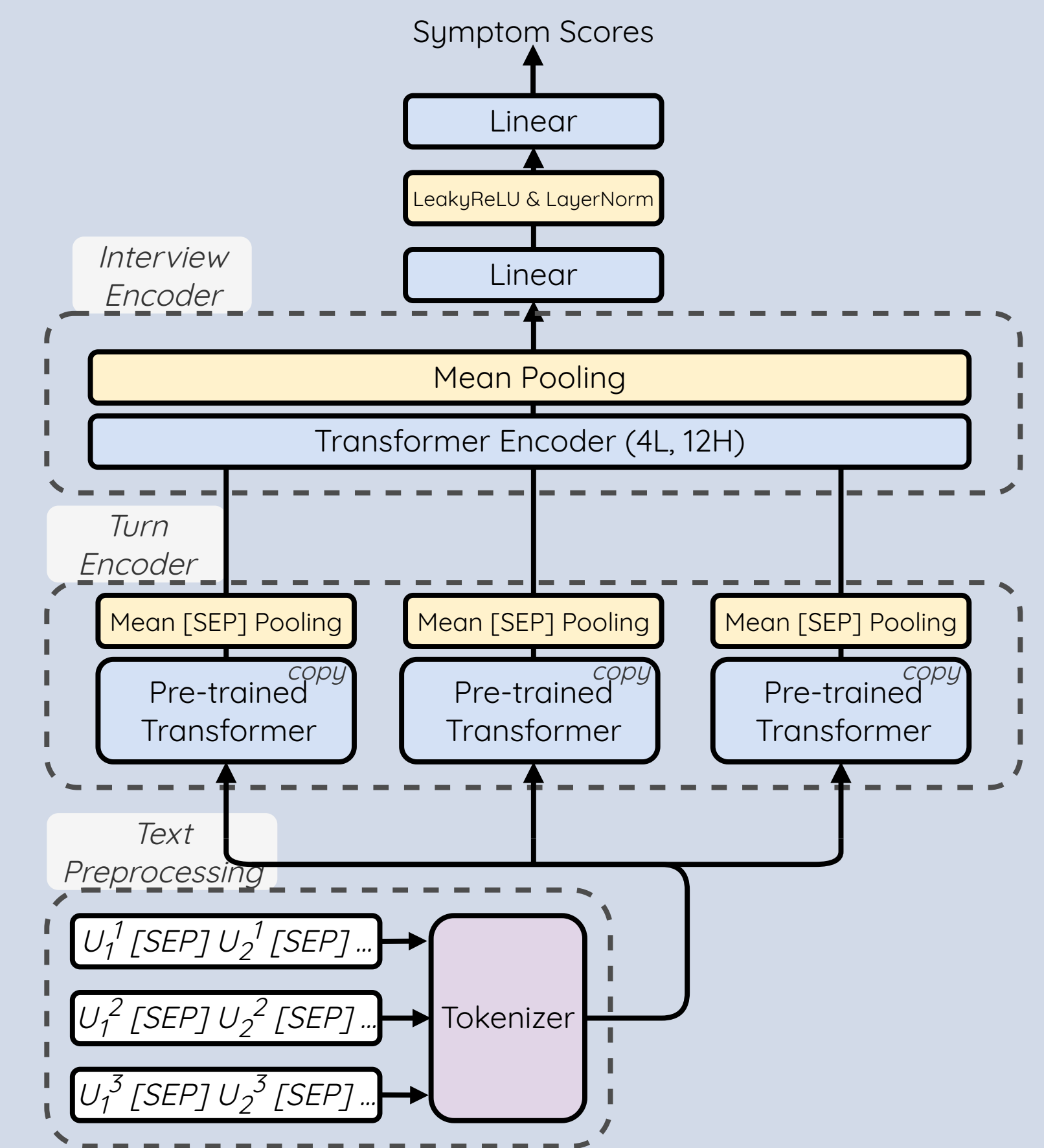
## Introduction

- Major Depressive Disorder (MDD) affects one's linguistic footprint, which is reflected by subtle changes in speech production.
- Most of the MDD classifiers disregard symptoms and focus only on binary classification.
- DAIC-WOZ patient-psychiatrist interview dataset is used for training.
- Several emotion and sentiment lexicons are used to introduce external knowledge to the neural models.
- **Symptom network analysis (SNA)** approach views mental health disorders as a causal system of interacting symptoms.

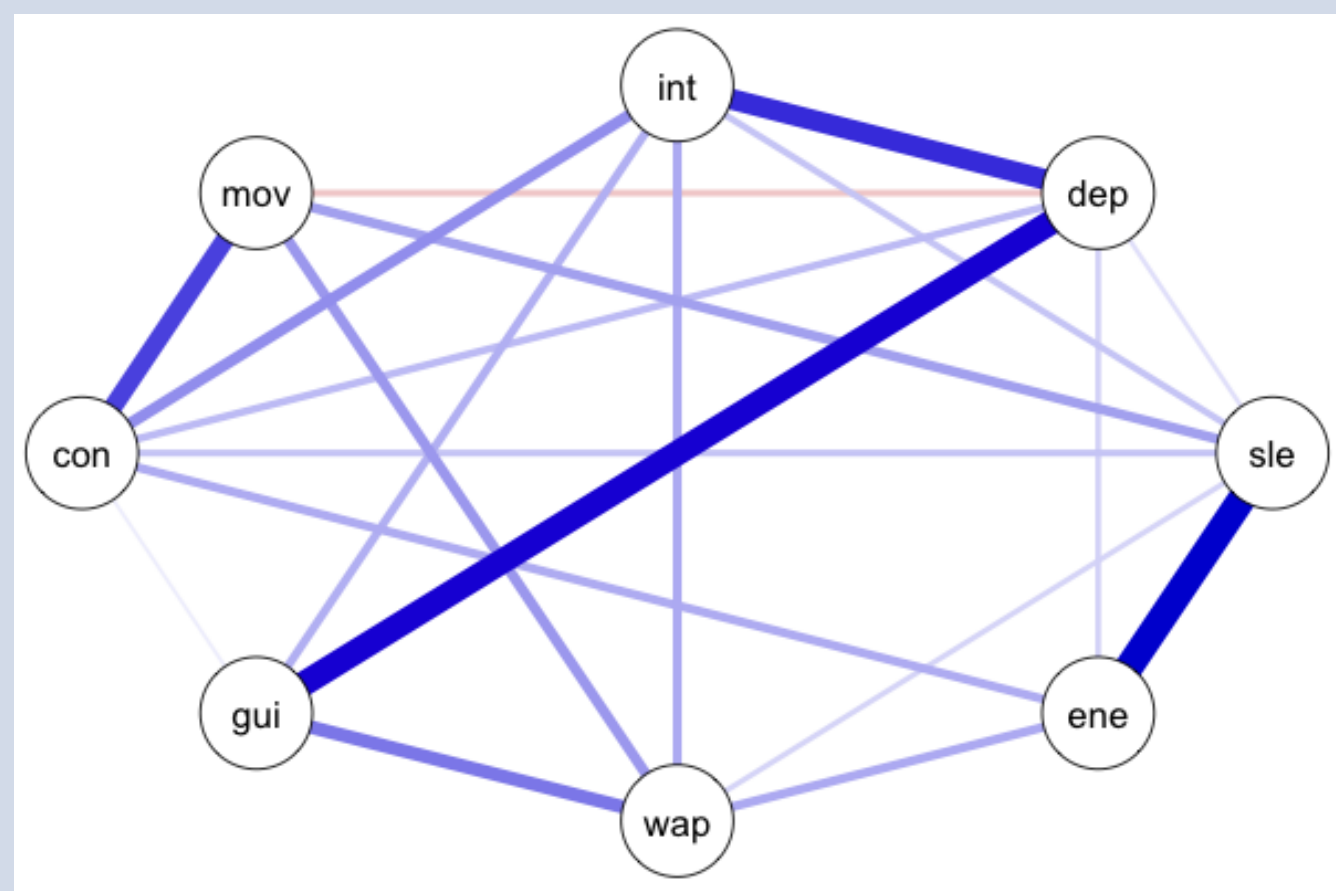
## Experimental Setup

- DAIC-WOZ dataset contains 189 clinical interviews, each accompanied with a PHQ-8 assessment - eight questions about symptoms.
- The eight symptoms are: S1 (lack of interest), S2 (feeling down), S3 (sleeping disorder), S4 (lack of energy), S5 (eating disorder), S6 (low self-esteem), S7 (concentration problem), S8 (hyper/lower activity).
- Three lexicons are used to mark important words directly in the input with @ token from both sides: SDD (depression), AFINN (sentiment), and NRC (sentiment and emotion).
- Two pre-trained models are used: BERT-Base (BERT) and MentalBERT-Base (mBERT).

## Architecture



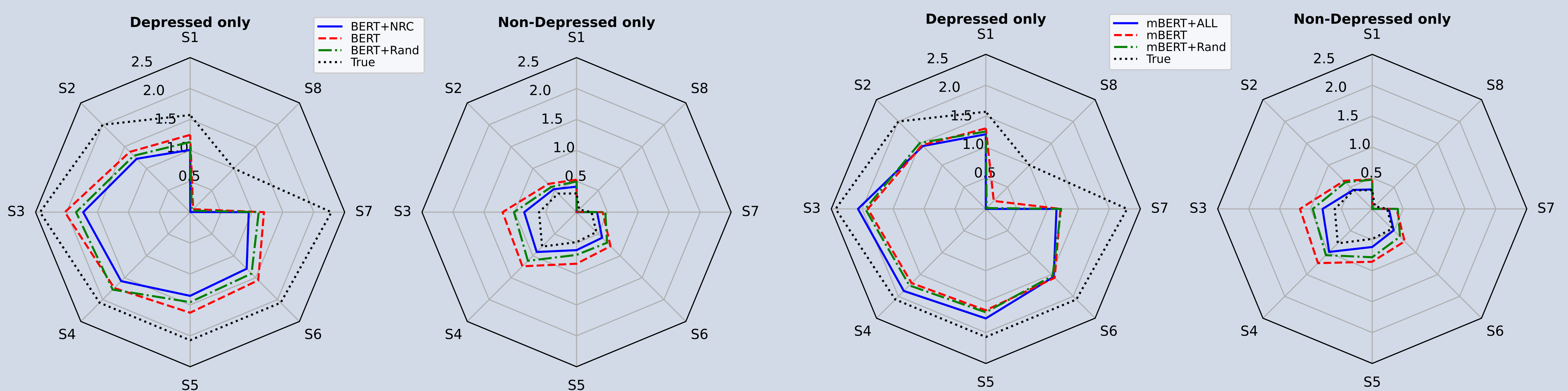
## Results



**Figure 1:** Correlation graph of symptoms computed on the training set of the DAIC-WOZ data set. Thicker edges show a stronger correlation. Blue edges show a positive correlation, and red edges show a negative correlation.

Model	S1	S2	S3	S4	S5	S6	S7	S8	PHQ-8
BERT	0.56±.05	<b>0.63±.02</b>	0.77±.05	0.87±.04	<b>0.81±.03</b>	0.78±.06	0.74±.01	0.34±.01	4.38±.21
+SDD	0.70±.02	0.88±.05	0.94±.05	0.94±.04	1.00±.07	0.97±.04	0.87±.02	0.34±.00	5.60±.18
+AFINN	<b>0.50±.03</b>	0.70±.03	0.79±.03	0.81±.04	0.85±.03	0.72±.02	0.77±.02	0.34±.00	4.56±.22
+NRC	<b>0.50±.03</b>	0.66±.05	<b>0.73±.05</b>	0.77±.03	<b>0.81±.05</b>	0.71±.07	<b>0.73±.05</b>	0.34±.00	<b>4.31±.18</b>
+ALL	<b>0.50±.04</b>	0.69±.03	0.81±.12	<b>0.74±.06</b>	<b>0.81±.07</b>	<b>0.69±.05</b>	0.74±.03	0.34±.00	4.56±.42
mBERT	0.59±.02	0.64±.06	0.91±.05	0.92±.04	0.89±.04	0.71±.02	0.71±.04	0.35±.01	4.71±.23
+SDD	0.69±.07	0.72±.08	0.89±.07	0.92±.02	0.93±.07	0.85±.07	0.78±.06	0.34±.00	5.07±.38
+AFINN	0.48±.04	0.62±.02	0.71±.05	0.78±.04	0.79±.03	0.70±.03	0.74±.03	0.34±.00	4.27±.22
+NRC	0.60±.05	0.68±.03	0.71±.05	0.78±.04	0.80±.08	0.74±.02	0.71±.05	0.34±.00	4.35±.26
+ALL	<b>0.44±.06</b>	<b>0.55±.04</b>	<b>0.63±.06</b>	<b>0.72±.07</b>	<b>0.69±.03</b>	<b>0.67±.04</b>	<b>0.67±.03</b>	0.34±.00	<b>3.59±.31</b>
SOTA	0.53±.05	<b>0.55±.03</b>	0.75±.07	<b>0.64±.03</b>	0.81±.05	<b>0.62±.02</b>	0.83±.04	0.44±.02	3.78±.13

**Table 1:** Results for the DAIC-WOZ test set. The mean MAE and standard deviation are reported for five runs. S[1-8] correspond to the symptoms from the PHQ-8 questionnaire. The best MAE for each symptom is **in bold**. SOTA means current state-of-the-art results in the literature [1].



**Figure 2:** Average predicted values for depressed and non-depressed patients of the DAIC-WOZ test set. +RAND specifies a model with random input marking.

## Conclusion

The set of endeavoured experiments shows that introducing sentimental, emotional and/or domain-specific lexicons can correlate with overall performance improvement if adapted to the targeted task. Moreover, the model produces a symptom correlation graph that is structurally identical to the real one. This novel method provides more in-depth information about the depressive condition by focusing on the individual symptoms rather than a general binary diagnosis.

## Acknowledgements

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## References

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